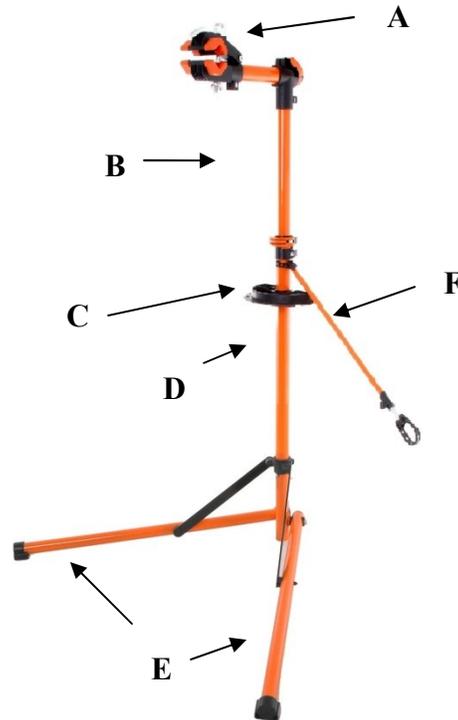




Product name: PRO Portable Mechanic Bike  
Repair Stand Bicycle Workstand  
SKU: 400-STFLD  
EMAIL: [customercare@conquerequipment.com](mailto:customercare@conquerequipment.com)  
TEL: 855-349-4327  
[help.conquerequipment.com](http://help.conquerequipment.com)

## Instructions for the Conquer PRO Portable Mechanic Bike Repair Stand Bicycle Workstand

- A. Bicycle clamp
- B. Extension tube
- C. Tool tray
- D. Supporting tube
- E. 2 Legs
- F. Front wheel stabilizer



Carefully read the following instructions and understand your repair stand prior to use. Use this stand only as described in this manual. Please keep these instructions safe and nearby the stand. Always refer to the documentation for any questions. If you are unsure of use, contact Conquer.

The stand can only be operated on a level surface and is only intended to be used as a bicycle repair stand. The load can be no greater than 50 lbs.

### Technical specifications:

Maximum load: **50 lbs**

The clamp will hold tubes from **30mm** to **70mm**



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## Overview

Ensure the repair stand is on a flat and level surface prior to use.

1. Do not exceed the maximum extension of the bike mounting tube (B).

NOTE: there is a maximum extension mark on the tube.

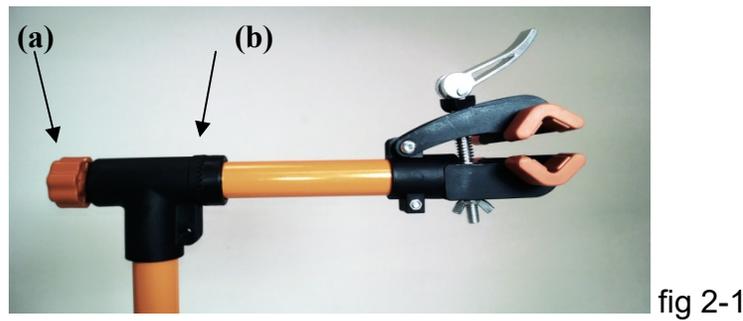
2. Choose your clamping position on the bike - use the seat post to avoid frame damage. Try to balance bicycle weight to avoid tipping. It may be best to angle front wheel toward the ground to balance the bike.

3. For carbon and delicate frames, clamp on the seat post as clamping the frame may cause damage. If you must clamp the frame, do not clamp on the internal cable housing

4. To stabilize the front wheel, use the front wheel stabilizer (F) between the front wheel and the extension tube (B). (see fig 1- 1)



Release the lever (a) on the head to loosen part (b). You can adjust the bicycle clamp in a full 360 range of motion. (fig 2-1). Lock the clamp lever down to firmly secure the bike in place. Do not crush bike or over tighten, but ensure it is a snug fit. Ensure the bike is firmly locked in place prior to use.





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To adjust the height, loosen and tighten the quick release (c) between the supporting tube and the extension tube (see fig 3-1)  
Slide leg brackets (d) for the legs (E) to fold or unfold the stand. (see fig 3-1 and fig 3-2).

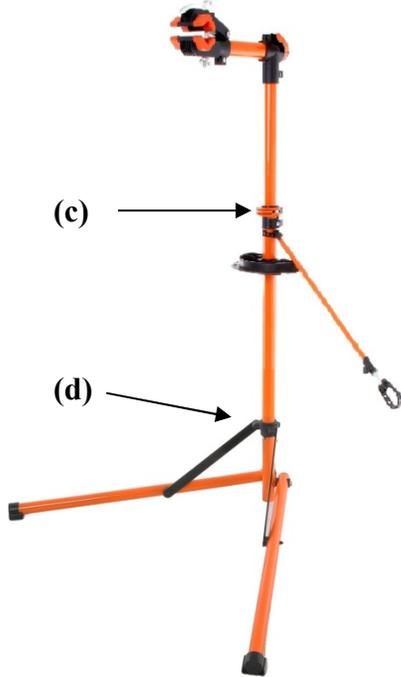


fig 3-1



fig 3-2

### Tool tray

Install the tool tray (C) if desired (fig 4-1).



fig 4-1



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## **AVOID INJURY!**

Carefully read the instructions before use. Follow the steps provided to avoid injury or damage to your bicycle.

### **Warning**

- Do not exceed the maximum load of 50 lbs! Exceeding the maximum load risks injury and the damage to bicycle.
- Inspect all parts of stand prior to each use to ensure safety.
- Inspect all screws prior to using, screws must be tightened.
- Ensure that the socket head screws connecting the upper bar are always tight.
- Always put the bicycle work stand on a solid and stable surface to avoid tipping
- Be sure the legs are out, plastic feet are flat and the stand is secure prior to use.
- **Never** ride the bicycle when it is mounted on a stand
- Keep away from children.
- Keep fingers and clothing away from moving parts.
- Do not modify or alter the stand.
- Only use the stand for bicycles weighing less than 50 lbs.

### **Avoid Damage**

- To avoid damage to the bicycle, do not squeeze cables with the clamp.
- When using the stand for carbon or delicate frames, be careful not to over tighten. Over tightening may damage the bicycle frame as the clamp exerts strong force.
- Place the clamp on the seat post only to ensure the frame remains free of damage.
- Do not secure clamp on internal cable housings

### **Caution**

Improper use or using in any application not described above may result in personal injury or damage to your bicycle and will void the warranty.

We appreciate your feedback! We hope this exceeded your expectations. If you enjoyed our product, feel free to leave us a positive product review. If you need help or have questions, please email us at [customercare@conquerequipment.com](mailto:customercare@conquerequipment.com) and we will do everything in our power to be sure you are happy!